

**Minutes for the Thirteenth Meeting of the Board of Studies in Psychology
held on 31 January 2019 at 10:30 am at the ICG Campus, Jaipur**

S. No.	Name	Designation
1.	Prof. Roopa Mathur Dean, Faculty of Arts & Social Sciences The IIS University, Jaipur	Chairperson
2.	Prof. S. S. Nathawat Professor Emeritus, Amity Centre for Positivism, Amity University, Jaipur	External Member (Academician)
3.	Dr. Monica Sharma Counsellor IISU, Jaipur	Special Invitee
4.	Dr. Himangini Rathore Dept. of Psychology IISU, Jaipur	Member
5.	Dr. Mridula Sharma Dept. of Psychology IISU, Jaipur	Member
6.	Dr. Megha Arya Dept. of Psychology IISU, Jaipur	Member
7.	Dr. Sudha Rathore Dept. of Psychology IISU, Jaipur	Member
8.	Dr. Sneha Nathawat Dept. of Psychology IISU, Jaipur	Member
9.	Ms. Sankul Gaur Dept. of Psychology IISU, Jaipur	Member
10.	Ms. Anushree Joshi Dept. of Psychology IISU, Jaipur	Member
11.	Dr. Vandana Head, Dept. of Psychology IISU, Jaipur	Convenor

The following could not attend the meeting :

S. No.	Name	Designation
1.	Dr. Urmi Biswas Professor & Head Department of Psychology The MS University of Baroda, Vadodara	External Member (Academician)



	Gujarat-390002	
2.	Mr. Rohan Pande Psychotherapist & Hypnotherapist Trainer CBT Flat No.4, Ekdant Apartment, Indira Shankar Nagar, Paud Road, Pune	External Member (Industry Expert)
3.	Dr. Aditi Kaul Researcher, Indian Psychology Institute Anandam Apartment (A1) 42, Pappammal Koil street, Kurruchikuppam, Punducherry-605001	External Member (Alumnae)

At the outset the Chairperson Dr. Roopa Mathur welcomed all the members to the meeting.

Agenda items were taken up and the following decisions were taken:

1. The Minutes of the last meeting held on 23.02.2018 were considered and approved.
2. The syllabi of the following programmes for the Academic Session 2019-20 were considered and approved.
 - i) B.A./B.Sc Hons. Semesters I & II (2019-20)
Psychology Semesters III & IV (2020-21)
Semesters V & VI (2021-22)
 - ii) B.A./B.Sc. Semesters I & II (2019-20)
(Pass course) Semesters III & IV (2020-21)
Psychology Semesters V & VI (2021-22)
 - iii) M.A./M.Sc Semesters I & II (2019-20)
Psychology Semesters III & IV (2020-21)
 - iv) COSD Programme in Guidance and Counselling (Certificate Course 2019-20,
Diploma Course 2020-21 and Advanced Diploma Course 2021-22).

2 (i). The Department proposed some minor changes in the syllabi of UG Pass Course in Psychology for Semesters I & II (2019-20), Semester III & IV (2020-21) and Semesters V & VI (2021-22). The changes were proposed as mentioned below:

• **PSY 102 (Psychopathology-I)**

Removed: Unit-I: Mental Health; Unit-III; Unit-III (new): DSM-IV & ICD 10; Unit-IV: Treatment



Renamed: Unit-I: The Concept of Normality and Abnormality to Concept of Psychopathology

Added: Unit-I: Definition and scope of Psychopathology, Unit-III (new): DSM-V & ICD 11; Unit-IV: Clinical picture

* Unit-IV has been shifted to Unit-III

* Unit-I of PSY 202 has been bifurcated in two and half of that unit has become Unit-IV in PSY 102

• **PSY 202 (Psychopathology-II)**

Removed: Unit-I: Treatment; Unit-II: Treatment; Unit-III (new): DSM-IV & ICD 10; Unit-V: Etiology of Mental Retardation

Renamed: Unit-I: Mood Disorders to Bipolar and Related Disorders; Unit-II: Schizophrenia to Schizophrenia Spectrum and Other Psychotic Disorders; Unit-III: Disorders due to Psychoactive Substance Use to Substance Related and Addictive Disorders; Unit-V: Mental Retardation to Intellectual Developmental Disorders

Added: Unit-I: Clinical picture, Unit-II: Clinical picture; Unit-III: Clinical picture; Unit-IV: Clinical picture

• **PSY 301 (Psychological Statistics-I)**

Removed: Unit-IV

Added: Unit-I: Scales of Measurement

*Unit-I was bifurcated in 2 units, Unit-I with a few addition and Unit-II

*Unit-II was shifted to Unit-III

*Unit-III was shifted to Unit-IV

*Unit-IV was shifted from PSY 301 to PSY 401 (Unit-I)

• **PSY 401 (Psychological Statistics-II)**

Removed: Unit-V

Added: -

* With the shifting of Unit-IV of PSY 301 to Unit-I of PSY 401, all the remaining units were shifted by one unit

*Unit-V was removed

PSY 601 (Psychological Testing)

Elaboration: Unit-II: Parameters of Assessment; Rating Scale: numerical, Graphic, percentage, standard, forced choice, q sort, semantic differential, sociometry; Psychological Scaling Technique: order of merit, paired comparison, method of successive categories, likert type scale; Unit-V: Assessment Techniques : Assessment of Intelligence :Binet , wechsler, Raven Progressive Matrices; Assessment of Personality : Psychometric- MMPI, Cattell personality questionnaire, EPQR,



Myers's Brigg's Type Indicator, Neo-PI and Projective
Techniques: Rorschach and TAT

Added: Unit-I: History of Human Assessment

2. (ii) In the meeting changes were proposed at different levels in different paper codes in the syllabi of UG Honours Course in Psychology for Semesters I & II (2019-20), Semester III & IV (2020-21) and Semesters V & VI (2021-22).

Major changes proposed in UG Honours programmes are mentioned below:

- Shifting of certain paper codes was proposed, as mentioned:
 - Research Methods and Statistics-I, which was earlier in Semester-I as PSY-114 to be shifted to Semester IV as PSY 412;
 - Research Methods and Statistics-II, which was earlier in Semester-II as PSY 214, was modified with few additions and bifurcated in two paper codes as PSY 513 and PSY 613 in Semester V and VI respectively;
 - Paper Codes PSY 312 and PSY 412, Counselling Psychology, PSY 312 and PSY 412 Skills in Counselling respectively were combined as PSY 312, Counselling Psychology, with few eliminations in previous codes syllabi.
 - Social Psychology-I & II were shifted from Semester III & IV (PSY 314 & 414) to Semester I & II (PSY 114 & 214).
 - Paper codes Systems & Theories of Psychology - I & II, which were earlier PSY 513 & PSY 613 in Semester V & VI were shifted to Semester III & IV as PSY 314 & PSY 414 respectively.

Changes in UG Honours according to paper code are mentioned below:

- **PSY 112 (Abnormal Psychology-I)**
Removed: Unit-I: Historical Background; Current Paradigms in Psychopathology, Unit-II; Unit-V
Renamed: Unit-I: ICD 10 to ICD 11
Added: Unit-I: Concept of Normality and Abnormality; Unit-II: Current Paradigms in Psychopathology: Biological; Psychodynamic; Cognitive; Behavioral; Humanistic-Existential; Sociocultural; Unit-V: Substance Related and Addictive Disorders: Clinical Picture and Etiology of Alcohol; Amphetamine and Cocaine; Opiates
- **PSY 113 (Human Development-I)**
Removed: Unit-IV: Cognitive development



Renamed: Unit-III: Context of Human Development to Context Of Human Development-Family

Added: Unit-IV: Context of Human Development- Peer, School & Media

Elaboration: Unit-II: Congenital defects, Birth process; Unit-III: Role of Family - The Ecological Systems Viewpoint : Bronfenbrenner's Contexts for Development, Understanding the Family, Parental Socialization During Childhood and Adolescence, Social Class and Ethnic Variations in Child Rearing, Influence of Siblings and Sibling Relationships, Sibling Relationships over the Course of Childhood, Positive Contributions of Sibling Relationships; Unit-IV: Peers as Agents of Socialization, School as a Socialization Agent, The Effects of Television on Child Development, Child Development in the Digital Age; Unit-V: Defining Sex and Gender, Categorizing Males and Females: Gender-Role Standards, Developmental Trends in Gender Typing, Theories of Gender Typing and Gender-Role Development

* Unit-III was bifurcated in 2 units as Unit-III & Unit-IV

* Unit-V was bifurcated in 2 units, one was retained in PSY 113 as Unit-V and one was kept in PSY 213 as Unit-I

* Unit-IV has been shifted to PSY 213

- **PSY 114- Social psychology-I** was moved to Sem I in place of research methods and statistics- I

- **PSY 212 (Abnormal Psychology-II)**

Renamed: Unit-II: Dynamics of Conversion Disorder to Etiology of Conversion Disorder; Unit-III: Schizophrenia Spectrum and Other Psychotic Disorders to Schizophrenia and Other Psychotic Disorders; Unit-V: Introduction to Treatment of Mental Disorders to Therapeutic Techniques for Psychological Disorders

Elaboration: Unit-III: Etiology of Schizophrenia and Brief Psychotic Disorder; Unit-IV: Etiology of Bipolar Disorder I; Bipolar Disorder II; Cyclothymia

- **PSY 213 (Human Development- II)**

Removed: Unit-I: Physical and Sexual Maturation; Unit-II, Unit-IV & Unit-V

Renamed: Unit-I: Self Identity to Development of Self Concept; Unit-III: Problems Of Ageing to Aggression, Altruism, and Moral



Development; Unit-IV Developmental Psychopathologies to Emotional Development, Temperament, and Attachment; Unit-V: Stress And Health to Problems of Ageing

Added: Unit-II: Cognitive Development; Unit-III: Aggression, Altruism: Development of aggression, Development of Prosocial Self; Unit-IV: Emotional Development, Temperament, and Attachment: Emotional Development: The Development of Emotional, Expressions, Recognizing and Interpreting Emotions; Temperament and Development: Hereditary and Environmental Influences on Temperament, Stability of Temperament; Attachment and Development: Attachments as Reciprocal Relationships, Fathers as Caregivers, Factors That Influence Attachment Security, Attachment and Later Development; Unit-V: Successful ageing

Elaboration: Unit-I: Development of Self concept, Self-Esteem: The Evaluative Component of Self, Development of Achievement Motivation and Academic Self-Concepts, Identity Formation

- **PSY 214- Social Psychology-II** was moved to Sem II in place of Research Methods and Statistics- II

- **PSY 311 (Physiological Psychology-I)**

Removed: Unit-I: Approaches; Unit-II;

Renamed: Unit-I: Introduction to BioPsychology;

Added: Unit-II: Nerve Physiology, Unit-V: Endocrine System: Structure and Function of Pituitary Gland; Thyroid Gland; Adrenal Gland; Pancreas; Gonads; Pineal Gland

Reframed: -

* Unit-III was made Unit-II

- **PSY 312 & PSY 412, Counselling Psychology, Skills in Counselling** respectively were combined as PSY 312, Counselling Psychology,

Removed: Unit-II; Unit-IV & Unit-V

Renamed: -

Added: Unit-II: Assessment and Case Formulation; Structuring Work with Client; Unit-III: Skills to Facilitate Communication in Psychotherapy and Counselling : Attending Skills, Non-verbal Communication; Listening skills; Questions to Encourage Communication; Unit-IV: Response Types : Verbal Communication and Client Disclosure – Encouraging Phrases, Restatements and Paraphrases, Reflections, Interfacing Response Type, Summarization; *Moving Beyond Simple*



Communication : The Process of Empathy; Unit-V: Skills For Cognitive Awareness – Imparting Information, Pointing Out Patterns, Asking Clarification Questions, Confrontation, Here-and-Now cognitive processing And Interpretation

Reframed : -

* Unit-III was shifted to Unit-II

- The paper code **PSY 314** was proposed to be replaced with paper **Systems and Theories of Psychology – I** which was being taught in sem V. The syllabus was kept the same.
- **PSY 315 (Practicals)**
Removed: Sociometry
Social Distance
Added: Social relationships (friendship)
Social Networking Addiction Scale
- **PSY 411: Physiological Psychology - II**
Added: Unit III: Biological Basis of Learning and Memory; Unit V: Biopsychology of Schizophrenia and Mood Disorders
Renamed:
Removed: Unit III: Physiological Correlates of Conditioning : Role of Brain and Spinal Cord; Electrical Correlates - Alpha Blocks, Evoked Potential; Angrams; Unit V: Human Behavior, Genetic Analysis - Family and Twin Methods, Inheritance of Intelligence and Psychopathology - Mood Disorder in Humans.
- **Elaboration**: Unit I: Biological Control of Sleep and Dreaming : Stages of Sleep; Theories of Sleep; Brain Areas; Sleep Disorders; Dreams-Theories; Lucid Dreams; Functions
- **PSY 412- a** new paper was added as **Research Methods and Statistics – I** with the below mentioned units:
Unit-I: **Introduction to Research Methodology**: Meaning and Purpose of Research; Steps in Research with Special Emphasis on Concepts Like Problem, Hypothesis, Constructs and Variables; Levels of Measurement.
Unit-II: **Research Methods**: Ex Post Facto; Experimental; Survey
Unit-III: **Research Design**: Meaning, Uses And Types : Pre-Test, Post-Test Design, Randomized Groups, Factorial Designs
Unit-IV: **Tools Of Data Collection**: Questionnaire, Interview, Semantic Differential Technique, Sociometry



Unit-V: Analysis Of Data And Report Writing. Interpretation and Report Writing

- **PSY 414- System and theories of psychology-II**
Initially this paper code was PSY613 which is now shifted in sem IV. The syllabus was retained with no modifications.
- **PSY 415- Practicals**
Added- communication
Removed- social maturity
- **PSY 512: Theories of Personality I**
Elaboration: Unit II: Assessment of Personality: Psychological Scaling Techniques, Rating Scales
Added: Unit I: Meaning of personality, Methodological Viewpoints: Idiographic and Nomothetic approaches. Unit V: Neo Freudians : Sullivan
- **PSY 513- Statistical Methods For Psychological Research-I**
This paper code is framed in light of PSY214- Research methods and statistics-II, with few modifications. Initially it was titled as systems and theories of psychology-I which is now shifted as PSY 314. A new syllabus has been formulated for newly formed PSY513. In which unit I includes Introduction to statistics; unit II includes Measures of central tendency; unit III comprises of Measures of Variability; unit IV includes correlation; unit V Includes normal distribution.
- **PSY 514(C)-Health Psychology-I,**
Removed: Unit-I: Nature, Scope and Socio-cultural Contexts; The Relationship of Health Psychology with Clinical Psychology, Behavioral Medicine, Gender and Health; Unit-II; Diet and Sedentary Life Style, Unsafe Sexual Behavior; Unit-IV; Unit-V
Renamed: Unit-II: Models of Health to Behaviour & Health: An Introduction to Health Behaviors; Unit-IV: Development of Health Habits and Reduction of Unhealthy Behavior to Changing Health Habits
Added: Unit-I: The Need for Health Psychology: Changing Patterns of Illness, Advances in Technology and Research, Expanded Health Care Services, Increased Medical Acceptance; Unit-II: Obesity, Eating Disorders (Anorexia Nervosa, Bulimia), Mechanisms of Drug Action , Models of Addiction- Biomedical Models: Addiction as Disease , Reward Models: Addiction as Pleasure Seeking , Social Learning Models: Addiction as Behavior; Unit-IV: Using health care



services- Recognition and Interpretation of Symptoms: Recognition of Symptoms, Interpretation of Symptoms, Cognitive Representations of Illness, Lay Referral Network, The Internet Who Uses Health Services?: Age, Gender, Social Class and Culture Social Psychological Factors; Misusing Health Services: Using Health Services for Emotional Disturbances, Delay Behavior; Unit-V: Stress and Health: Basic Concepts, Stressors, The Physiology of Stress, Models of Stress and Illness, Coping with Stress: Responding to Stress, Coping strategies, Coping, Gender, Genes, and Socioeconomic Status, Understanding Gender Differences in Coping Styles, Factors Affecting the Ability to Cope, Measuring Optimism, Coping Interventions

Elaboration: Unit-I: A Brief History, Biopsychosocial Method, Psychosomatic Medicine, Biopsychosocial Model, Advantages of the Biopsychosocial Model, Clinical Implications of the Biopsychosocial Model; Unit-II: Role of Behavioral Factors in Disease and Disorder, Unit-III: Attitude Change and Health Behavior, The Health Belief Model, The Theory of Planned Behavior, Self-Determination Theory, Criticisms of Attitude Theories, Implementation Intentions, Health Behavior Change and the Brain

* Unit-III was bifurcated into Unit-II & III shifted with some additions

* Unit-V of PSY 514(C) has been shifted to PSY614(C) Unit-III with some additions

* Unit-V has been taken from PSY 614(C) Unit-I with some additions

• **PSY 611: Psychometrics II**

Added: Unit II: Tests of Creativity (Torrance Test of Creativity & RAT); UNIT III: DAT; Unit V: Assessment in Organizational Set-up. Organizational Climate Inventory / Organizational Culture Profile

• **PSY 612: Theories of Personality II**

Renamed:

Removed: Unit I: Rogers; Unit II: Ellis; Unit V: Mc Clelland; Unit IV: Kurt Lewin.

Elaboration:

Added: Unit I: Cognitive Theory of Aron Beck; Unit II:

Behavioural approach: Rotter, Mischel; Unit III; Personal Construct theory of George Kelly and its application; Unit IV: Eysenck's Factor Analytic approach; Unit V: Rollo May.

Replaced: Unit III To Unit II



- **PSY 613- Statistical Methods for Psychological Research-II**

Initially it was titled as Systems and Theories of Psychology – II which is now shifted in paper code PSY 414. A new syllabus has been formulated for newly formed PSY 613. PSY 613- Statistical Methods for Psychological Research-II, which includes 5 units as: Inferential Statistics, Hypothesis Testing, One-Way Analysis of Variance (ANOVA), Hypothesis Testing for Categorical Variables and Inference about Frequencies, & Nonparametric Approaches to Data respectively.

- **PSY 614(C)-Health Psychology-II,**

Removed: Unit-III; Unit-IV

Renamed: Unit-I: Rehabilitation to Co-management; Unit-III: Personality and Social Support as Psychosocial Linkages of ill Health to Social Psychology & Health

Added: Unit-I: Personal Issues, Coping; Unit-II: Managing Pain: What Is Pain, Measuring Pain, The Physiology of Pain, Factors That Influence the Experience of Pain, Treating Pain; Unit-IV: Coping with Stress and Resilience: Personality and Coping, Psychosocial Resources, Religion, Coping, and Well-Being, Resilience, Coping Style- Problem-Focused and Emotion-Focused Coping; Coping and External Resources, Coping Outcomes; Unit-V: Health Psychology- Challenges for the Future: Health Promotion, Stress and its management, Management of Serious Illness, Trends In Health and Health Psychology; Becoming a Health Psychologist: Undergraduate Experience, Graduate Experience, Postgraduate Work, Employment

Reframed: -

Elaboration: Unit-III: Personality and health behaviour: Optimism, Type A Behaviour & Hostility, Neuroticism, Extraversion, Conscientiousness; Personality linkage with diseases: Coronary Heart Disease, Hypertension, Type II Diabetes; Social Support; Unit-IV: Positive Psychology and Thriving: Allostasis and Neuroendocrine Health, Neurobiology of Resilience, Psychosocial Factors and Physiological Thriving, Features of Psychological Thriving, Beyond Positive Psychology

*Unit-I has been shifted to PSY 514(C)

*Unit-II has been shifted to Unit-I

*Unit-V has been merged in Unit-IV

Unit-IV has been broadly covered in Unit-III of PSY 514(C)

- The title of paper code PSY 615 was proposed to be changed from **Research Proposal to Research Project.**



2(iii). Following changes were proposed to streamline the syllabus of M.A./M.Sc. Psychology which met the approval of the members:

1. The syllabi of PG Programme in Psychology Semesters I & II (2019-20), were proposed to be updated as mentioned below:

PSY 121-Cognitive Psychology-I

✔ **Unit-I**

- ✔ **Added**-history of cognitive psychology, cognitive renaissance, computer model and cognitive neuroscience.
- ✔ **Replaced**-historical background and place of cognitive psychology in cognitive science

✔ **Unit II**

- ✔ **Added**-processing capacity and selective attention, models of selective attention, and capacity models of attention; source of dual task and interference; neurological basis of attention.
- ✔ **Renamed**- selective attention- Filter theory, attenuation theory, late selection theory and multimode theory
- ✔ **Replaced**- neuropsychological studies of attention

✔ **Unit III**

- ✔ **Added**- theories of perception
- ✔ **Replaced**- perception of shape, space and movement, implicit perception and intersensory integration, motivational and attitudinal determinants.
- ✔ **Retained**- perceptual learning and development
- ✔ Unit IV was proposed to be merged with unit III (excluding cognitive maps)

✔ **Unit IV**

- ✔ **Proposed**- unit II of PSY 221 should be shifted to semester I of the PG program as unit IV
- ✔ **Removed**- metamemory

✔ **Unit V**

- ✔ **Added**- emotion and cognition
- ✔ **Removed**- the existing unit language (shifted to semester II)



PSY 123-Psychological Research,

- It was proposed that the name of the paper be changed to psychological research from research methods in psychology.

- **Unit I**

- **Added-** An Introduction to Inquiry: Dialectics of Psychological Research- Idiographic vs. Nomothetic Explanation, Inductive vs. Deductive Theory, Qualitative vs. Quantitative Data, Pure vs. Applied Research; Paradigms- Logical Positivism, Social Construction and Critical perspective. Ethics of Research.

- **Replaced-** introduction to research methodology

- **Unit II**

- **Added-** Quantitative Research: Measurement issues- Dependent Variables- Scales of Measurement, Validity and Response Scales, Reliability of Response Scales; Independent Variables: Types of manipulations, Quasi Independent Variables, Validity and Sources of Bias

- **Replaced-** sampling

- **Unit III**

- **Added-** Qualitative research: Issues- Subjectivity, Reflexivity, Power, Validity and Triangulation; Field Research Paradigms- Naturalism, Ethnography, Grounded Theory, Case Studies & Extended case Studies.

- **Replaced-** methods of research

- **Unit IV**

- **Added-** Analysis of Data: Qualitative Data Analysis: Linking Theory & Analysis, Data Processing- Coding, Memoing, Concept Mapping, Qualitative Analysis of Quantitative Data; Quantitative Data Analysis- Quantification of Data, Univariate Analysis, Bivariate analysis.

- **Replaced-** tools of data collection

- **Unit V**

- **Added-** Interpreting the Results of Research: Interpreting Specific Results- Problem of Scale Attenuation, Regression Artifacts; Interpreting Patterns of Research- Reliability & Replication, Converging Operations

- **Replaced-** application of computer in psychological research.

- **PSY 125(A)- psychopathology**



- **Unit II**
- **Added-** schizophrenia spectrum disorders; somatic symptoms and related disorders; depressive disorder and bipolar & other related disorders; OCD (as a separate disorder apart from anxiety disorder).
- **Replaced-** schizophrenia, disorders of bodily preoccupation, mood disorders,
- **Unit III**
- **Replaced-** clinical manifestation of cognitive impairment disorder
- **Added-** Clinical manifestation of neurocognitive disorders: Delirium; Major or Mild Neuro-Cognitive Disorder due to Alzheimer's, due to Parkinson's, due to Huntington disease.; Clinical Manifestation of Neuro-Developmental Disorders: intellectual disability, autism; attention deficit hyperactivity disorder (part of existing unit V of the paper)
- **Unit V**
- **Added-** substance related and addictive disorders; sleep-wake disorders; feeding and eating disorder; disruptive disorder and conduct disorder.
- **Replaced-** substance abuse disorders; sleeping disorders; eating disorder;
- **Removed-** ADHD (added to Unit III)
- **PSY 125(B)- Guidance & Counselling Psychology**
- **Unit I**
- **Added-** goal and training
- **Unit III**
- **Proposed-**The current Unit should be removed and replaced by Unit IV of the existing course.
- **Added-**Counselling process: counselling process and content, stages of counseling process, counselling interaction, counselling relationship.
- **Unit IV**
- **Proposed-**the new unit should be named - Counselling relationship and skills.
- **Added-** variables affecting counsellor skills.
- **Unit V**
- **Added-** moral values, ethical and legal guidelines.
- **Replaced-** approaches and techniques
- **PSY 125(C)- Principles of organizational behavior**
- **Unit I**
- **Added-** Organizational behavior, Challenges and Opportunities for OB; Historical Background: The Hawthorne Studies, Theoretical Foundation for



Organizational Behaviour, Developing an OB Model. Diversity in the Workplace and Ethics and Ethical Behavior in Organizations

- **Replaced-** the foundation for organizational behavior
- **Unit II**
- **Added-** Organizational Design & Culture: The Organizational Theory Foundation, Modern Organization Designs, The Organizational Culture - Definition and Characteristics, Uniformity of Culture, Creating and Maintaining a Culture. Creating an Ethical Organizational Culture, Creating a Positive Organizational Culture, Spirituality and Organizational Culture.
- **Replaced-** – The current unit - Organizational Theories
- **Merged-**The content of Unit III should be merged with Unit II as the topics are interdependent.
- **Unit III**
- **Proposed-** – The current unit should be merged with unit II.
- **Added-** The introduction of Attitudes and Job Satisfaction Work-Related Attitudes: PA/NA, Employee Attitudes – components & major attitudes at workplace, Job Satisfaction - Influences, Outcomes. Organizational Commitment – Meaning, Outcomes, Enhancing Organizational Commitment. Organizational Citizenship Behaviors.
- **Unit IV**
- **Proposed-** the existing unit of communication should be replaced by Personality and Values
- **Added** - The Myers-Briggs Type Indicator, The Big Five Personality Model, Other Personality Traits Relevant to OB. Values - Importance of Values, Terminal versus Instrumental Values, Generational Values. Person–Job Fit, Person–Organization Fit.
- **Unit V**
- **Proposed-** – The unit should be renamed as Perception and Individual Decision Making.
- **Added-** Factors That Influence Perception, Person Perception: Making Judgments About Others, Attribution Theory, Common Shortcut & Applications, The Link Between Perception and Individual Decision Making. Decision Making in Organizations: The Rational Model, Bounded Rationality, and Intuition, Common Biases and Errors, Influences: Individual Differences and Organizational Constraints, Ethics in Decision Making, Improving Creativity in Decision Making.
- **PSY 126- Practicals**
- The following changes were proposed in the practical based on paper PSY 125 A: EPQ (R) should be replaced by IQ – Malin, DST.



- The following changes were proposed in the practical based on paper PSY 125 C: Instead of Decision Making, Organizational Culture Profile, Organizational Climate Scale, and Delegation Assessment Questionnaire; the following tests should be added – Ergonomic stress, communication, organizational politics scale, FIRO B.

PSY 221-Cognitive Psychology-II,

- **Unit I**
- **Proposed-** the current unit learning should be replaced by language (unit V of PSY121 in current course).
- **Removed-** The topic speech perception.

- **Unit II**
- **Proposed-** unit II should now comprise of creativity and human intelligence (unit III in existing course). The term fixity should be fixedness.
- **Added-** adaptive function of creativity, creativity and insight and human intelligence-problem of definition; cognitive neuroscience support, information processing, general knowledge and reasoning and problem solving.
- **Replaced-** introduction to intelligence; and neurocognition and intelligence.
- **Renamed-** theories of intelligence (should be renamed cognitive theories).

- **Unit III**
- **Proposed-** unit III should now comprise of thinking (unit IV in existing course).
- **Added-** judgements: based on memory, similarity, estimates; decision making: nature, decision tree; reasoning: deductive and inductive; approaches: expected utility, prospect theory; decision making in the real world.
- **Replaced-** judgement and decision making; logical reasoning- types and errors in reasoning processes; deductive and inductive hypotheses testing and conditional reasoning theories of thought processes.

- **Unit IV**
- **Proposed-** unit IV should now comprise of problem solving (unit V in existing course).
- **Added-** gestalt psychology and problem solving and representation of the problem; types of problem (well defined v/s ill defined, routine v/s non-routine); approaches to problem solving.
- **Replaced-** classification of problems; problem solving approaches: means-end heuristics, analogy approach and other strategies.

- **Unit V**
- **Proposed-** unit V should now comprise of cognition across lifespan.



- **Added-** cognitive development, neural development, development of cognitive abilities, cognition and aging.
- **PSY 223-Psychometrics,**
- **Unit I**
- **Added-** Theory of Psychological Tests: Problems of Measurement by Tests, Theory of Test Scores, The Rationale of Test Reliability, The Rationale of Test Validity
- **Replaced-** measurement in psychometrics
- **Unit II**
- **Added-** The Process of Test Development: The concept of latent variables; Constructs and Measures, Identifying the Construct, links between constructs, construct cleanliness, Item Construction, Empirical, Theoretical and Rational Approaches to Item Construction, Sources of Items- Related Literature, Subject Matter Experts
- **Replaced-** reliability and validity
- **Unit III**
- **Added-** Item Writing: Open ended and Close ended Items, Guiding Rules for Writing Items
- **Replaced-** construction of test scales
- **Unit IV**
- **Added-** Scoring Responses: Scoring Open Ended Responses, Scoring Close Ended Responses, Scoring Multiple Choice Tests (Distractors, Guessing), Speed and Power Tests, Omitted and Partial Credit
- **Replaced-** standardization
- **Unit V**
- **Added-** Factor Analysis: Need for Factor Analysis, Factor Matrices and Factor Loadings, Principal Factors Method
- **Replaced-** general introduction to multivariate techniques
- **PSY 225(A)- Psycho diagnostics and Assessment**
- In Unit I - ICD classification should be specified as ICD - 11.
- **Unit II**
- **Proposed-** The unit should now be named - **Psychiatric assessment and treatment planning.**
- **Renamed-** family history should now be renamed as case history (part of unit III in existing course).



- **Unit III**
- **Added-** psychiatric interview, psychiatric report, psychological testing of intelligence and personality, brain damage; medical assessment of psychiatric patient
- **Replaced-** Nature And Purpose; Formal Assessment: Interview, Case History; Use of Psychological Tests in Clinical Settings (Foreign and Indian) : Neurological Tests, Intelligence Tests, Personality Tests : Writing Case Reports.

- **Unit IV**
- **Proposed-** The existing unit should be made Unit V
- **Added-** Emergency interventions: Approach to the patient; risk management for common psychiatric emergency, psychosis, mania, anxiety, disposition.

- **Unit V**
- **Proposed-** unit IV of existing course should now be unit V.
- **Added-** Current bioethical principles; ethics in psychiatry; cultural themes and essential skills in psychiatry.
- **Renamed-** Ethics: Issues In Assessment Of Mental Disorders should be renamed as Ethics in clinical psychology & allied sciences.

- **PSY 225(B)- Special areas of Counselling**
- **Unit I**
- **Added-** Educational setting: educational guidance and educational counselling, career guidance & counselling.
- **Removed-** counseling children and adolescents.

- **Unit II**
- **Added-** crisis counselling.
- **Removed-** drug addicts and alcoholics (shifted to unit III)

- **Unit III**
- **Added-** Mental health counselling: rehabilitation counselling, mental health counselling, drug addicts & alcoholics.
- **Replaced-** mentally and physically challenged

- **PSY 225(C)- Organizational Dynamics**
- **Unit I**



- **Proposed-** The units comprising motivation (existing unit V) and job design (existing unit II) be merged into unit I. organizational change should be merged with the proposed unit V.
- **Added-** Motivation: Early Theories of Motivation, Contemporary Theories of Motivation, Motivating by Job Design: The Job Characteristics Model, Employee Involvement, Motivational Application through Job Design.
- **Removed-** Organizational Development

- **Unit II**
- **Proposed-** unit should now comprise of Groups & teams.
- **Added-** The Nature of Groups, The Dynamics of Informal Groups, The Dysfunctions of Groups and Teams, Types of Teams, Creating Effective Teams, Turning Individuals into Team Players.

- **Unit III**
- **Proposed-** existing unit III should be merged with Unit V comprising Organizational change and stress management.
- **Added-** Leadership: Definition, Historical development of Leadership, Traditional Theories of Leadership, Modern Theoretical Processes of Leadership, Leadership Styles, The Roles and Activities of Leadership, Leadership Skills (existing unit IV).

- **Unit IV**
- **Added-** Power and Politics: Contrasting Leadership and Power, Bases of Power, Dependence: The Key to Power, Power Tactics, Sexual Harassment: Unequal Power in the Workplace, Organizational Politics, Causes and Consequences of Political Behavior, Political Implications of Power, The Ethics of Behaving Politically, Case of Empowerment.
- **Replaced-** leadership
- **Unit V**
- **Proposed-** The existing unit should be shifted to Unit I.
- **Added-** Organizational change and Stress Management: Forces for Change, Planned Change, Resistance to Change, Approaches to Managing Organizational Change, Creating a Culture for Change. Work Stress and Its Management - The Causes of Stress, Intraindividual Conflict, Interactive Conflict, The Effects of Stress and Intraindividual Conflict, Coping Strategies for Stress and Conflict.

- **PSY 226- Practicals**
- The following changes were proposed in the practical based on paper PSY 225 C: Instead of Occupational Stress Index, Work Motivation Test, Leadership, Job Satisfaction, Organizational Development; the following tests should be added – Quality of work life, work values inventory, leadership, job satisfaction and MBTI.



- **No changes** were proposed in the following paper codes: PSY 122 & PSY 222; PSY 124 & PSY 224; PSY 127 & PSY 227
- 2 **Based on the trend in other Universities, one more paper on specialization was introduced in addition to the two existing specialization papers in Semester III & IV. The syllabi of PG Programme in Psychology Semester III & IV (2020-21) were proposed to be updated as follows:**

PSY 321- Psychology of Social Behaviour

- **Unit II**
- **Added-** Theory of Planned Behaviour

- **Unit III**
- **Proposed-** the name of the unit should be changed from 'Self in Social World' to 'Social thinking'.
- **Added-** self esteem, social beliefs and judgements – priming; attribution – theories of attribution, errors in attribution

- **Unit IV**
- **Proposed-** The existing unit should be restructured and named Social influence
- **Added-** Attitudes – Attitude and Behaviour, Formation; Persuasion-Resistance to Persuasion; Group Influence- Social Facilitation; Social Loafing; Deindividuation; Group Polarization; Influence of Minority; Groupthink.

- **Unit V –**
- **Proposed-** The existing unit (leadership) should be removed and the new unit should be named social relations.
- **Added-** Nature of prejudice, Sources of Prejudice, Methods for Reducing Prejudice; Aggression – Theories, Causes and Controlling Aggression; Interpersonal Attraction- Factors and Theories; Prosocial Behaviour.

- **PSY 322-Applications of Psychology-I**
- **Unit I**
- **Proposed-** unit I, Introduction, should be replaced by Health Psychology (unit II of the existing course)
- **Added-** An Academic Discipline and a Profession, Biopsychosocial Model and Health, Health –related Behavioral Patterns and Health Promotion:



Identifying Individual Level Change Targets, A Multilevel Framework for Promoting Health Behavioural Change, Predicting Health Behaviour: The Health Belief Model, Theory of Planned Behaviour, Integrated Models of the Terminates of Health Behaviour, Planning Health Behavioural Change Intervention.

- ✔ **Unit II**
- ✔ **Proposed-** a new unit Military Psychology should now be unit II (since the existing unit II, health psychology, is shifted to unit I).
- ✔ **Added-** Fitness for Duty Evaluations, Assessment and Management of Acute combat Stress on the Battlefield, Military Roles in Post disaster Mental Health, Suicide Prevention in the Military, Ethical Dilemmas.

- ✔ **Unit III**
- ✔ **Proposed-** The existing unit, consumer psychology, should be replaced by sports psychology (unit IV of existing syllabus)
- ✔ **Added-** Nature and Scope of Sports Psychology, Performance Enhancement v/s Health of the Athlete Debate, Cognitive Factors, Self Efficacy and Self Esteem, Memory, Attention & Decision Making, Emotion – Concentration Interplay, Risk Taking, Social Factors: Culture, Group Cohesion; Biological Factors: Physiological Stress and Factors Associated with Sports and Exercise, Impact of Extreme Environmental on Physiological and Psychological Variables.

- ✔ **Unit IV**
- ✔ **Proposed-** a new unit, occupational psychology, should now be unit IV (since the existing unit IV, was made unit III in the new course)
- ✔ **Added-** The Individual: The Employee Life Cycle, Entering the Life Cycle and Induction, Managing Performance and Performing the Job, Training and Feedback, Interpretation to Employment Cycle : Stress, Work life Balance, and Maternity. The Organization – Organization Behaviour, the Group as a Source of Motivation, Leadership as Motivation, Organizational Developmental and Change, the Work Environment.

- ✔ **Unit V**
- ✔ **Proposed-** unit V should be restructured entirely and the new unit should be named Disaster, Rehabilitation and Community Problems
- ✔ **Added-** Understanding the role of Psychologists in disaster management and rehabilitation; Use of Psychological techniques in Disaster Management; Community Problems – Urban Slums – role of psychologists; Use of Psychology in Rehabilitation Work; Trauma and Post Traumatic Stress Disorder and Growth (PTSD & PTSG)



- **PSY 323- Personality**
- It was proposed that the existing paper be discontinued from the new academic year.
- The new paper should be named Positive Psychology – I and should include the following:
- **Unit I-** Introduction Positive psychology: Definition, goals and assumptions; Eastern and Western Perspectives on Positive Psychology (unit I of existing PSY423).
- **Unit II-**Positive Emotional States and Processes: Defining Emotional Terms: Affect, emotions, Happiness and SWB: living a Pleasurable Life; PERMA model & Flourishing; Subjective Well Being: History, Theoretical Approaches and Demographics;
- **Unit III-**Positive Cognitive States and Processes: Optimism: Expectancy-value Models of Motivation, relation with subjective well-being, pessimism and coping.; Hope: Introduction to hope theory, looking through positive psychology lens; Mindfulness; Flow.
- **Unit IV-** Strengths and Positive Outcomes: Strength: Concept, Classification and Measures- Gallup's Clifton Strengths finder, VIA Classification, 40 Developmental assests, Identifying Personal Strengths; Wisdom as a Strength: Optimal development and study of wisdom as scientific discourse about good life, Psychological Theories of Wisdom, Berlin Wisdom Project, linkages with psychological theories of Motivation and Values; Classification of Values
- **Unit V-** Relationship connection: History, Minding Model- Knowing and Being Known, Attribution, Acceptance & Respect, Reciprocity in Minding, Continuity and Minding.; Compassion: Basic Requirement and Classification, absence and Evidence of compassion, Nature of suffering and Knowing others.; Forgiveness: meaning and measures of forgiveness; Gratitude: Emotional Response of life and Basic Virtue of Insight

- **PSY 324**
- The paper is proposed to be introduced as specialization paper on similar pattern as 325 A/B/C.
- The paper will have 3 options, one for each specialization (Clinical/Counselling/Organizational Behavior).
- **PSY 324 A** should now constitute of Skills Interventions in Psychology-I.
 - Only the following additions were made in the existing paper (Systems and Skills Interventions in Psychology-I):
 - Unit III – Psychodrama should be added
 - Unit IV – Logotherapy should be added



✓ → **PSY 324 B** – should now constitute of paper named **Behaviour Dysfunction**. The paper should contain the following units:

- **Unit I** – Introduction: concepts of mental health and illness. Meaning and definition of normality and abnormality. Models for understanding psychopathology (psychoanalytical, behavioral, interpersonal and humanistic). Need for and types of classification of mental disorders (DSM & ICD systems of classification).
- **Unit II** – Genesis of Psychopathology: Clinical manifestations of anxiety disorder; disorders of bodily preoccupation; mood disorders; schizophrenia and other psychotic disorders.
- **Unit III** – Clinical manifestations of cognitive impairment disorders: delirium; dementia; amnesic disorders and mental retardation.
- **Unit IV** – Personality disorders: types and their clinical manifestation.
- **Unit V** – Other Disorders: attention deficit hyperactivity disorder; eating; learning disability; sleeping disorders; impulse control disorder; substance abuse disorder.

✓ → **PSY 324 C** – should now constitute of paper named **Interventions in Organizational Behavior**. The paper should contain the following units:

- **Unit I**-Human Resource Information System: Nature, Framework, Benefits, Trends case study – Types of HRIS in use.
- **Unit II**-Performance Appraisal Systems: Purpose, performance evaluation, system, problems in objectivity, appraisal interview, effect of rewards on behavior and perception of rewards. Case Study
- **Unit III**-Culture Changing Management: model, case study. Effective teams – Team development, roles, effectiveness, Case study.
- **Unit IV**-Positive Perspective: Historical perspective, categories of positive approach, positive thinking, Interventions. Case Study
- **Unit V**-Corporate Restructuring: Mergers & Acquisitions – Process, behavioural issues. Case Study

➤ **PSY 325(A)- Perspectives in Mental Health**

- **Unit I**
- **Added-** evolution and orientation: introduction, core values and principles of community psychology, emergence and development of community psychology, ecological level of analysis.
- **Unit II**
- **Proposed-** the existing unit, Community Mental Health in relation to Psychiatry and Clinical Psychology, should be replaced with Community Mental Health in India (unit III in the existing course)



- **Added-** Mental Health Act (Latest) and Its Implications. (Mental Health Act of 1987, National Mental Health Program 1982, the Persons With Disabilities Act 1995; Rehabilitation Council of India (RCI) Act of 1992, Mental Health Care Bill 2011), perspective on ethical issues in community psychology. .

- **Unit III**

- **Proposed-** unit III should now be Coping since it was proposed that unit III of the existing course should be incorporated under unit II

- **Added-** An ecological framework (risk and preventive processes, distal factors, proximal stressors, stress reaction, resources activated for coping, coping processes, coping outcomes, intervention to promote coping), social support (generalised and specific support, relationship context of support, social support network, spirituality and coping), Community Psychology and Routes to Psychological Wellness

- **Unit IV**

- **Added-** mutual help groups

- **Unit V**

- **Proposed-** the existing unit, Community Based Health Interventions, should be replaced by Community psychology and interventions

- **Added-** Community and social change - approaches, issues and strategies.

- **PSY 325(B)- Therapeutics In Counselling-**

- It was proposed that all the subtopics of the existing course be withdrawn and the following units should be added:

- **Unit I - Psychoanalysis:** Freud's drive theory, object-relations psychology, self-psychology, psychoanalytical approaches to treatment, brief psychoanalytic therapy

- **Unit II-Therapy System Emphasizing Background and Content :** Jungian analysis and therapy- theory of personality, analysis and therapy ; Adlerian therapy: theory of personality, theory of therapy and counseling

- **Unit III-Therapy Systems Emphasizing Background and Content:** Development of Psychodynamic Theories, Transactional Analysis , Brief Psychodynamic Therapy, Psychodrama

- **Unit IV-Therapy Systems Emphasizing Emotions and Sensations:** Person-Centered theory of personality and psychotherapy; Existential theory of personality and psychotherapy, logotherapy



➤ **Unit V- Therapy Systems Emphasizing Emotions and Sensations**
:Gestalt Therapy: history, theory of personality and psychotherapy;
Group Therapy- models, process, therapeutic milieu

➤ **PSY 325(C)- Essentials Of Human Capital**

➤ It was proposed that the name of the paper be changed to Essentials of human capital from engineering psychology

✓ ➤ **Unit I-** It was proposed that unit I, industrial psychology, be replaced by Introduction to human resource management and should contain the following topics: Definition, Importance, Trends in HRM, Employment laws in India, Diversity management & affirmative action plans.

➤ **Unit II-** it was proposed that unit II, human engineering, be replaced by strategic human resource management and should contain the following topics: Strategic management process, Strategies and policies, adjusting HR policies to challenging times, HRD scorecard, Building high performance work system.

➤ **Unit III-** it was proposed that unit III, working condition, be replaced by Job Analysis and should contain the following topics: Basics of job analysis, methods of collecting job analysis information, writing job descriptions, writing job specifications.

➤ **Unit IV-** it was proposed that unit IV, Human Factors in Equipment Design, should be changed to Human Resource Planning and Recruiting and should contain the following topics: Process, planning & forecasting, need for effective recruiting, sources, developing and using application forms.

➤ **Unit V-** it was proposed that unit V, accidents and safety, should be changed to Employee testing and selection and should contain the following topics: Basic concepts, types, work samples & simulations, background investigations & other selection methods.

➤ **PSY 421- Dynamics of Interpersonal Behaviour**

➤ The name and contents of the paper were proposed to be changed. The name should be changed to "Applied Social Psychology".

➤ The following topics were introduced as part of the new paper:

➤ **Unit I - Foundations of Applied Social Psychology : Nature; Research Methods – Methods of Data Collection – Self Report Methods, Observational Methods, Research Designs – True Experiments, Experiments, Correlational Studies, Descriptive Studies, Qualitative Research Methods – Creswell's Research Methods**



- **Unit II - Intervention and Evaluation: Design of Interventions- Nature, Key Tasks and Delivery; Evaluation of Interventions- Reasons for Evaluation, Types of Evaluation; Importance of Research Design in Evaluating Interventions; An Intervention Example With Steps; Influencing Social Policy; Intervention Issues**
- **Unit III - Applying Social Psychology to the Arenas of Life I : Applying Social Psychology to the Media – Effect of Media Violence, Effect of Pornography, Affect of Political News Coverage, Applying Social Psychology to the Court – Eyewitness Testimony, Jurors as Individuate and Jury as a Group, Factors Influencing Juror Judgements.**
- **Unit IV - Applying Social Psychology to the Arenas of Life II : Applying Social Psychology to the Community – Definition, Origin, Sense of Community, Diversity versus Prejudice and Stigmatization, Bringing About Social Change; Applying Social Psychology to Diversity – Cultural Diversity, Demographics, challenges, Conflict and Conflict Management**
- **Unit V - Social Psychology and Sustainable Future : Social Psychology of Environment, Personal Space and Psychology of Crowding; Enabling Sustainable Living; Social Psychology of Materialism and Wealth.**

- **PSY 422- Applications of Psychology-II**
- **Unit I**
- **Proposed-** unit I should now incorporate unit I and II of the existing course and be renamed as forensic psychology
- **Added-** Forensic Psychology : Psychological and Judicial Processes : Court Structure and Jurisdiction Judicial Process – Pretrial Stage, Trial Stage, Disposition Stage, Appellate Stage, Eyewitness Testimony, Expert Witness. Development of Delinquent and Criminal Behaviour – Juvenile Offenders, Development Perspective of Juvenile offending: Development theory and Coercive Development Theory, A Developmental dual System Model of Adolescent Risk Taking, Developmental Factors in Formation of Persistent Criminal Behaviour, Biological Factors, Additional Social Influences.

- **Unit II**
- **Proposed-** unit II should now be Educational psychology (unit III of the existing syllabus) as existing unit II is shifted to unit I.
- **Added-** Nature and Scope of Educational Psychology, Educational Technology, Learning Difficulties, Socio motivational Process at School:



Academic Motivation, Socialization of Academic Motivation, Behavioural Emotional and Social Difficulties in Classism; Etiology and Intervention.

- ✔ **Unit III**
- ✔ **Proposed-** unit III should now be Environmental Psychology (unit IV of the existing course) as unit III of the existing course is now shifted to unit II,
- ✔ **Added-** Environmental Influences on Human Behaviour and Health; Environmental Risk Subjective Risk Judgment, Emotional Reaction to Environmental Risk.

- ✔ **Unit IV**
- ✔ **Proposed-** unit IV should now be Clinical Psychology and Mental Health Problems as the existing unit IV was shifted to unit III,
- ✔ **Added-** Domain of Clinical Psychology, Conceptual and Classification Issues in Clinical Psychology, Categories of Common Mental Health Problem : Axis I Disorders, Axis II Disorders; Treating Mental Health Problems – Theoretical Approaches to Treatment.

- ✔ **Unit V**
- ✔ **Added-** Indian Psychology in India Indigenous Psychology, Model of Indian Psychology, Scope of Subject Matter. Conceptual Roots of Indian Psychology: Pluralism and Motion Multiple Perspective, States of Consciousness and Types of Knowledge, Relationship between Human and Nature, Concept of Karma, Dharma, Implications of Karma and Dharma for Psychology, Ubiquitous Suffering, Human Quest. Applications of Indian Psychology: A Model of Applied Psychology, Therapeutic Implications, Mental Health and Hygiene – Prevention of Illness, Cure- Serving the System, Indian Psychology and Positive Psychology.

- ✔ **PSY 423- Self and Positive Psychology**
- ✔ It was proposed that the new paper should be named Positive Psychology – II.
- ✔ **Unit I**
- ✔ **Proposed-** Resilience (Unit V of existing course) should now be Unit I as the existing unit is now shifted to PSY323.
- ✔ **Added-** Resilience: Developmental and clinical perspectives; Sources of resilience in children; Sources of resilience in adulthood and later, successful aging; growth through trauma conceptual models of resilience, Fostering resilience.
- ✔ **Replaced-** History, conceptual models of resilience, and future directions for resilience research be withdrawn.



- **Unit II**
- **Proposed-** unit II should now be The Social Construction of Self-esteem (Unit IV of the current coursework).
- **Added-** The Conventional View; Deconstructing Self Esteem; Cultural Emphasis and the Discourse of Self Esteem; Experience of Self Esteem; Social Import of Mood; Mood, Self Esteem and Discourse.
- **Replaced-** Subjective Well Being: The Science of Happiness and Life Satisfaction

- **Unit III**
- **Proposed –** Unit III should now contain Self Efficacy (Unit V of the current syllabi) as Resilience (existing Unit III) is moved to Unit I of the proposed course. The subtopics should remain unchanged.

- **Unit IV**
- **Added-** Specific Coping Strategies: Humor: Early responses to the phenomenon of humor, current model and individual differences in humor, current research findings.; Spirituality: defining spirituality; Discovery and Conservation of sacred.; The Pursuit of Meaningfulness in Life: nature and needs of Meaning

- **Unit V -**
- **Added-** Applications of Positive Psychology Positive schooling: Components; Positive coping strategies; Gainful employment; Mental health: Moving toward balanced conceptualization; Lack of a developmental perspectives.

- **PSY 424**
- The paper is in continuation from PSY 324. Proposed to be introduced as specialization paper on similar pattern as 425 A/B/C.
- The paper will have 3 options, one for each specialization (Clinical/Counselling/Organizational Behavior).

- **PSY 424 A** should now constitute of Skills Interventions in Psychology-II.
 - Only the following additions were made in the existing paper (Systems and Skills Interventions in Psychology-II):
 - **Unit III**
 - **Added-** Behavior Therapy- history, theory of personality, goals, assessment and general treatment approach; Reality therapy; choice theory and therapy; Solution focused therapy.

- **Unit IV**



➤ **Proposed**- Cognitive Behaviour therapy should be made Unit IV in place of Integrated & elective treatment system - I.

➤ **Added**- Cognitive behavior therapy - major constructs, importance of cognitions, learning and functional analysis; goals, process of change, traditional intervention strategies and brief intervention strategies. Group Therapy- models, process, therapeutic milieu.

➤ **Unit V**

➤ **proposed**- Integrated & elective treatment system - I (Unit IV of current syllabi) should be made unit V.

➤ **replaced**- The current unit consisting of Integrated & elective treatment system - II

✓ ➤ **PSY 424 B** - The paper is currently coded PSY 425 B should now constitute of paper named Assessment in Counseling & Guidance. The paper should contain the following units:

➤ **Unit I** - Nature of psychological assessment: Introduction: concepts of mental health and illness. Meaning and definition of normality and abnormality. Models for understanding psychopathology (psychoanalytical, behavioral, interpersonal and humanistic). Need for and types of classification of mental disorders (DSM & ICD systems of classification).

➤ **Unit II**- Assessment of in educational setting: Differential Aptitude Test, General Aptitude Test Battery; Assessment of Interests - Chatterjee's Non Language Preference Record; Intelligence - Wechsler's Adult Intelligence Scale-Revised, Bhatia's Performance Test of Intelligence

➤ **Unit III**-The Objective Assessment of Personality - High School Personality Questionnaire, 16 Personality Factors; Eysenck's Personality Inventory; The Projective Assessment of Personality Thematic Apperception Test; Rosenzweig Picture Frustration Study; Sentence Completion Test.

➤ **Unit IV**- Behavioral Techniques and Tests : Behavioral Questionnaires, Self Monitoring, Problem Checklist Observation in Natural Environment

➤ **Unit V**- Report Writing : Writing Case Study Reports Preparing a Profile Of Individual and Group Career Guidance in the Report Form.

✓ ➤ **PSY 424 C** - should now constitute of paper named Interventions in Organizational Behavior -II. The paper should contain the following units:

➤ **Unit I**- Attributional Process: Internality- Externality, consequences of internality, developing internality, Optimism, hope, rumination and hope. Case Study.

➤ **Unit II**- Organization Development: Definition, operational goals, conditions for success of OD, Phases of OD, Guidelines, interventions, development of internal OD facilitators. Case Study



- **Unit III-** Developing Collaboration: Levels of partnership, concept , functional & dysfunctional cooperation & competition, academia-industry collaboration, supply chain collaboration, intervention to build collaboration. Case Study
- **Unit IV-** Developing Leadership for Tomorrow : Paradigm shift on leadership, Profile of leaders, Process, mechanisms and models of leadership development. Case study.
- **Unit V-** Organizational Learning & Learning Organization: Meaning, Policy implications, Diffusion & Institutionalization. Learning Organization – concept, processes & development. Case Study

- **PSY 425(A) Psychological treatment of mental disorders**
- **Unit I**
- **Proposed-** the name of the unit should be changed from Introduction to psychological treatment to introduction to psychotherapy.

- **Unit II**
- **Added-** behavior therapies: Origin, foundations, principles & methodologies, problems and criticisms, empirical status, systematic Desensitization, Extinction - (graded exposure, flooding and response prevention, implosion, covert extinction, negative practice, stimulus satiation), Skill training - (assertiveness training, modelling, behavioural rehearsal), Operant procedures - (token economy, contingency management), Aversion , Biofeedback.
- **Replaced-** Individual therapy

- **Unit III**
- **Added-** Cognitive therapy: Cognitive model, techniques, indications and current status of rational emotive behaviour therapy, cognitive behaviour therapy, cognitive analytic therapy, problem-solving therapy and schema focused therapy.
- **Replaced-** group therapy
- **Unit IV**
- **Added-** Behavior Medicine: scope and application of psychological principles in health: Cardiovascular, Respiratory, Gastrointestinal, Oncology, Dermatology.
- **Replaced-** behavior modification techniques

- **Unit V-**
- **Added-** Indian approaches to psychotherapy: Yoga, Meditation, Mindfulness -based intervention, ((Mindfulness-Based Cognitive Therapy- (MBCT), Mindfulness-Based stress reduction (MBSR), Mindfulness-Based relapse prevention (MBRP), Acceptance and



Commitment Therapy (ACT) Dialectical Behaviour Therapy (DBT) methods, processes and outcome.

➤ **Replaced-** cross-cultural therapies

✓ ➤ **PSY 425(B)- Therapeutics In Counselling-II**

➤ It was proposed that all the subtopics of the existing course be withdrawn and the following units should be added:

➤ **Unit I- Therapy Systems Emphasizing Thoughts:** Cognitive therapy: Albert Ellis and Rational Emotive Behavior Therapy.

➤ **Unit II- Therapy Systems Emphasizing Actions:** Behavior Therapy- history, theory of personality, goals, assessment and general treatment approach (Behaviour Modification, Social Skills Training)

➤ **Unit III- Solution Focused Therapy, Grief Therapy, Group Counselling, Transactional Analysis**

➤ **Unit IV- Indian Perspective : Yoga, Meditation, Mindfulness**

➤ **Unit V- Integrated and Elective Treatment System : Overview , Theories of Integrated and Elective Treatment**

✓ ➤ **PSY 425(C)- Development of Human Capital**

➤ The paper was renamed as Development of Human Capital from issues in industrial psychology and the course structure was reframed as follows:

➤ **Unit I- Training and Development:** Orienting employees, analyzing needs and designing programs, implementing training programs, implementing management development programs, evaluating training effort.

➤ **Unit II- Performance Management and Appraisal:** Basic concepts, techniques for appraising performance, problems in appraisal, appraisal interview, Performance management, Talent Management....

➤ **Unit III- Ethics, Justice and Fair Treatment in HRM:** Meaning, determining ethical behavior, methods promoting ethical and fair treatment, managing discipline, privacy and dismissals

➤ **Unit IV- Employee safety & Health:** Importance, safety law, causes, prevention and reduction, Workplace health hazards: problems & Remedies.

➤ **Unit V- Managing Global & Entrepreneurial Human Resources:** Internationalization of business, Staffing, Small business challenge, tools to support HR, leveraging small size, using professional employer organizations, managing HR systems.

➤ No changes were proposed in the following paper codes: PSY 122 & PSY 222

2(iv) No changes were proposed in the COSD courses.

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3. The BOS Co-opted **Dr. Himangini Rathore** as member of the Examiners Selection Committee for a period of one year (i.e. for the session 2019-20).

4. The question papers for Semesters II, IV and VI Examinations, April 2018 and Semesters I, III and V Examinations, November 2018 were reviewed. The members expressed their satisfaction with the quality of the question papers.

5. The examiners' reports for Semesters II, IV and VI examination, April 2018 and Semesters I, III and V Examination, November 2018 were reviewed. The members expressed their satisfaction with the comments in the reports.


The meeting ended with a vote of thanks.



Dr. Raakhi Gupta
Registrar



Prof. Roopa Mathur
Dean, Faculty of Arts &
Social Science



Dr. Vandana
Convener

